

Independent Living Hub - activity sessions for 14 to 25-year-olds to help prepare for adulthood and independent living

Young people aged 14 to 25 are welcome to join us at the Greenwood Centre, in Kentish Town, a state-of-the-art community space designed by and for people with special educational needs and disabilities.

Drop-in sessions, run by community arts charity Wac Arts, will use drama, music, art and design, alongside practical learning to explore personal and social challenges, as well as technology, independent travel and healthy living.



North Central London
Integrated Care System



Camden

About the service

The Independent Living Hub aims to help young people to:

- overcome challenges they might come across on a day-to-day basis and develop skills to navigate relationships
- express themselves, including writing their own lyrics and creating new music
- explore what their future could be, create their CV and find new opportunities
- connect with other young people, collaborate and share their experiences in a safe and welcoming space.

The sessions are open to all young people who fit the eligibility criteria across a range of needs. Activities will be adapted as required.

Where?

The Greenwood Centre, 37 Greenwood Place, NW5 1LB.
Tube: Kentish Town, Northern Line. Bus: 214.

When?

Tuesdays and Fridays, 4pm to 7pm; Saturdays, 11am to 3pm. Term-time only.

Who can attend?

- Disabled young people aged 14 to 25 who receive one-to-one community-based Short Breaks, or one-to-one support worker for ages 18 plus, or where their family receives Direct Payments
- Young people will need to be accompanied by their own existing one-to-one support worker, provided through Short Breaks, Direct Payments or Camden Children and Young People Disability Service (CYPDS). The service does not provide additional one-to-one support.

How can my child access the service?

- Contact us using the details on the back of this leaflet to discuss your child's needs and if this service is right for them
- Or please ask a professional to make a referral if you need support.



What happens next?

- We will find out more about how best to support your child by asking you to complete a registration form
- You and your child will be invited to an introductory visit to show you around the Greenwood Centre and to get to know your child's needs better
- We can accept existing paperwork held by another provider if you give consent for them to share with us
- Once you have registered with the service, you (or your child's support worker) can book activity sessions with us via phone or email. This includes a drop-in facility for those who would like to access part of the service due to number of hours allocated to the sessions, or would be interested in a specific session being offered.

Wac Arts has been building young people's self-confidence and self-esteem and connecting young people for over 45 years, working with more than 30,000 participants.

This project is funded through the Department for Education's Short Breaks Innovation Fund until March 2024.

Contact

Short Breaks Delivery Manager, Wac Arts

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